The Art of Healthy Cooking

Join Kaiser Permanente Chef, Asata Reid

Please join Kaiser Permanente's Chef Asata for a fun, free and informative cooking demonstration. You'll watch food preparation steps, learn cooking techniques, and get a new recipe to try for yourself at home!

You do not need to be a Kaiser Permanente member to attend.

Contact: Jessica Houze, jessica.houze@fultoncountyga.gov

Date/Time: **Wednesday, July 24, 2024 from 12:30 pm - 1:00 pm**

Location:

Click here to join the session

Nine Piedmont Center
3495 Piedmont Road NE
Atlanta, GA 30305
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